

SABAR DANCE TRIP to SPAIN

30 May – 6 June 2011

www.sophie-sabar.nl

in corporation with

www.finca-forata.com

Is Senegal just one step too far for you, but do you really like to dance sabar in a Sunny, warm environment?

Come to Spain with Sophie Sabar! We organize in corporation with Finca Forata an exceptional sabar dance week in 2011!

Finca Forata is a beautiful olive farm surrounded by spectacular scenery about 50 km from Valencia know for its culture and arts. This location is perfectly suited for dance workshops. Check www.finca-forata.com for an impression!

A wooden dance floor is being made ready for us in the open air, with a view over the valley. After the dance classes we can seek some refreshment in the swimming pool or have a cooled drink at the terrace of the tiny bar 'La Taberna'. Or look for some privacy elsewhere in the shades of this vast area.

PROGRAM

Daily you will have 2 dance classes consisting of 2 hours each. In the morning, when it's still relatively cool, and after the siesta in the afternoon. Sophie will teach you, as you are used from her, the technical part of sabar dancing, repertoire, fun when dancing, (facial and body)expressions and energy. We will work on the understanding of the rhythms, building your own solo and the expansion of sabar knowledge. Sophie will be accompanied by excellent and enthusiastic percussionists from Senegal. There is enough time around the dance classes to have drinks, listen to (mbalax!) music in the bar and talk about (sabar related)

subjects. **The crew** (Sophie, Roger 'Mbaye' , our cook and Ineke & Erik, owners of Finca Forata) are ready for you as a team to ensure you have a great sabar week at Finca Forata! To stay in Senegalese atmospheres, we will be served three fresh meals daily by our Senegalese cook!

The all-in price of this trip is **€995** and it includes:

-**Plain ticket Amsterdam-Valencia** two way including all the taxes, transfer from Valencia Airport to Finca Forata two way, stay during the whole week in one of the three apartments Finca Forata offers, three meals a day and a snack, all dance classes by Sophie and accompanied by 3 professional percussionists.

-The only thing excluded to this trip are the drinks you have at the bar.

Extra options:

*Bring your child? Children up to 14 years of age can come along for the reduced price of €495,- all in!

*Coming from Spain or another country than Holland? You pay €745,- for you stay only, that is: everything excluding the flight and transfer to and from Valencia Airport.

Scenery over the hills from Finca Forata



Finca Forata, 50 km from Valencia



Organization

Sophie and Roger 'Mbaye' Ndoye have proven to be a solid, relaxed and reliable couple after having organized several successful trips to Senegal. Sophie is an experienced teacher: since 2007 she organizes weekly classes, monthly workshops and yearly trips to Senegal as well as school projects with a principal purpose of sharing sabar with as many people as possible. With her unceasing enthusiasm she convinces almost everybody to dance sabar, a genre formerly known as "too difficult to learn". No reason Senegalese call her an ambassador of Senegalese culture. Learn more about Sophie or sabar? Check her website! (use the flag icons to scroll to the English parts on the site).

Ineke and Erik are the proud owners of Finca Forata and experts in facilitating your stay during our sabar dance trip. We think quality and communication are keys to a successful trip and have one common goal: making sure you enjoy your dance trip!

More information?

www.sophie-sabar.nl/www.finca-forata.com

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